

Targeted Early Help

Get the support
you need with the
Early Help Service



What is the Targeted Early Help Service?

The Targeted Early Help Service works with families who have children aged 0 to 19 who may require additional support to help them be happier and healthier.

How can the Targeted Early Help Service help you?


As part of the Targeted Early Help offer, you and your whole family will be offered support by an Early Help Family Practitioner. Your practitioner will meet with you regularly (weekly, or sometimes more often) to help you to make changes to areas of your family life which are causing you worries or problems.

Your practitioner will organise a Team Around the Family (TAF) meeting with you, which will include other professionals who already work with you or who may be able to help. The team will work with you and your family to make a plan of how you can achieve your goals.

The Early Help Team work closely with schools and teachers so you can talk to your practitioner if your child is having problems at school.

Schools, GPs and other professionals can also refer families to the Early Help Team if they think that a Family Practitioner could help.

Further information and advice

 westminster.gov.uk/children-and-families/early-help-service

- **Family Hubs** provide services for families with children up to 19 years old. They bring the professionals who support you together in a more joined up way including health visitors, school nurses, outreach teams, Early Help practitioners, social workers and local organisations.
- **Parenting Support**
We offer a range of FREE groups and courses aimed at supporting parents with their parent-child relationship & their couple/ co-parenting relationship. These groups are available online and face to face and are run by trained, friendly facilitators. To find out more visit: westminster.gov.uk/children-and-families/parenting-groups-and-courses or email: earlyhelpparentingteam@westminster.gov.uk
- **Family Information Service**
For wider support, the Family Information Service provides free, impartial information for parents and carers of children and young people aged up to 19 (up to 25 years for those with additional needs). Find out more at: fisd.westminster.gov.uk or call 020 7641 7929
- **Westminster Employment Service** (WES) can support you with finding employment, training or volunteering opportunities. Find out more at: westminster.gov.uk/jobs/westminster-employment-service or call 020 7641 3336