



City of Westminster

PREPARATION FOR BED BUG TREATMENT

**FREE PHONE:
0800 3580514**

What they look like



BEFORE the Pest Control Officers arrive to commence treatment, **You MUST** carry out the following preparations:

- If you do not carry out the following tasks, Pest Control Officers Will Not carry out the treatment. This must be done on all visits.
- All beds, settees and chairs will need to be treated.
Move all beds, furniture and other items away from the bedroom walls,
- Please clean the rooms to be treated thoroughly. Empty the vacuum cleaner directly into the dustbin or change the bag after cleaning.

Please Read Overleaf.

- Please clear all rooms of any clutter so furniture can be moved.
- Remove all stored items from under the bed, and place on the floor in the centre of the room.
- Please strip all linen and bedding from the beds, place in plastic bin liners, and close tightly, so mattress can be moved for treatment and the bed base can be upturned. Please remove the headboard, if possible, for treatment. Keep the bags in the affected room until the technician arrives.
- Please empty surrounding cupboards and drawers to allow access for treatment. Please take down wall mounted furniture, eg. pictures etc. and lean them against the wall to allow for treatment.
- Please clear settees and chairs to allow treatment.
- In extreme cases carpets may need to be lifted to allow treatment of flooring etc. To achieve full coverage, the technician may need to lift the edges of fitted carpets, or in exceptional circumstances, floor-boards may need to be raised. The technician will speak to you about this if it is necessary.
- People and domestic pets **must** leave the rooms being treated.
- With aquaria, **turn off the aeration pump** immediately prior to treatment, and **cover the tank**.

IF YOU NEED ANY ASSISTANCE IN PREPARING YOUR ROOM, AND ARE 65 OR OVER OR REGISTERED DISABLED AND HAVE NO ONE ABLE BODIED LIVING WITH YOU, PLEASE CONTACT YOUR ESTATE OFFICE WHO CAN ARRANGE ASSISTANCE

AFTER the Pest Control Officers have carried out the treatment:

- **Do not** enter treated rooms for at least **2 hours** but preferably **3 hours** afterwards.
- Treated areas may be safely re-entered when the spray is all dry, typically 2 – 3 hours after treatment. The property should then be ventilated for a couple of hours. The dried beds should then be re-made with clean linen, and cleaned items placed back in drawers etc.
- Aquaria pumps etc should be turned back on, once the premises have been ventilated.
- Wash all bed linen and clothing at 60° or tumble dry it on a “hot setting” for 30 minutes before it is used again or put away.
- Do not vacuum the carpets for at least 15 days to allow the insecticide time to work.
- Avoid storing items under the bed.

- Keep the treated rooms well heated for at least a couple of weeks after treatment. The treatment is more effective in warm rooms.
- The treatment will kill bedbugs on the bed and mattress. However, if you wish to get a new bed, do not do so until you are absolutely sure the infestation is completely eradicated with no re-appearance of infestation or bites, say 3 months after treatment.

Laundry

Once the treatment has been completed by the technician, the linen, clothing and other items that have been removed from drawers, cupboards etc and bagged, should be either:

- Machine washed at a 'Hot' (60°C) setting
- Or tumble dried at a 'Hot' setting for at least 30 minutes.
- Or placed in a chest freezer, or a good cabinet freezer, for at least 3 days.
- Or Dry cleaned

Look at the label for each garment to determine the laundry advice.

Keep all bags of unwashed items tightly closed until the moment they are placed in the washing machine or tumble drier, otherwise bugs may escape and continue the infestation. Plastic bags that have been used to hold clothing etc before washing, should then be placed in a waste bin, outside the house.