

MONDAY

● Sip and Chat 10am – 10:45am

Join us for our Sip & Chat Community Coffee Morning, where neighbours come together for a warm cup of coffee and great conversation!

WEEKLY ALL AGES

● Women's Support Group 11am – 3pm

FOR WOMEN offers various activities, which span from peer-to-peer talking groups, mental health and wellbeing sessions, mind and body exercise classes, group day trips and much more.

WEEKLY AGE 18+

● Well Told 3.45pm – 5pm

After school arts, crafts, stories and play, from Well Played. All themed around favourite books.

WEEKLY AGE 5-7



● Makerspace Workshops

Monday & Friday 2 - 4pm
Saturday 12 - 2pm

Saturday Open Workshop 2 - 4pm

WEEKLY AGE 16+

See Eventbrite for details.

FRIDAY

● Digital Skills 10am – 2pm

Supporting jobseekers with employment and education through digital skills.

Microsoft, Emails, Online Forms and More!

WEEKLY AGE 18+

● Sewing Club 12pm – 2pm

Beginners sewing: Learn how to make scrunchies, blouses using simple patterns.

Bring your own fabric and help us to reuse, reduce and recycle!

WEEKLY AGE 16+

● Support Services 1pm – 3pm

Drop in for advice - various support services including Housing Solutions, Westminster Talking Therapies. Tell us how we can help, and we will help connect you to the right services.

WEEKLY

● Talking Therapy Workshops 1pm – 2pm

*First Friday of the month

Join us for a series of workshops: Improve Your Sleep, Taking Charge of Stress and Worry, Building Confidence.

MONTHLY AGE 18+

● Learning Disability Network 2pm – 4pm

Supporting people with learning disabilities and their families develop stronger social networks. Our sessions include three categories; live well, stay healthy and be safe.

Bi - WEEKLY AGE 18+

SATURDAY

● Sip and Chat 10am – 11am

Join us for our Sip & Chat Community Coffee Morning, where neighbours come together for a warm cup of coffee and great conversation!

WEEKLY ALL AGES

● Memory Lab 11 – 12pm

*Last Saturday of the month

The Memory Lab, allows residents to digitize their old photos for free. Scan old physical photographs or even newspaper clippings, with assistance of a trained volunteer.

MONTHLY

● Queer Women's DND 10am – 4pm

*First Saturday of the month

Are you a queer woman who would like to embark on a new adventure with like-minded companions?

MONTHLY AGE 16+

● The Inkwell

Creative Writing! Open to all residents who have always wanted to write and improve their English through writing.

MONTHLY AGE 16+

We have Free space available!

Are you interested in running a session?

Get in touch to pitch your idea:

communityhubs@westminster.gov.uk

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